



## FOOD FOR THE HOLIDAYS!

THE PANTRY PROVIDES FOOD TO OVER 1000 PEOPLE EACH MONTH, AND HALF ARE CHILDREN. THAT MEANS TOGETHER WE NEED TO GATHER ABOUT 14,000 POUNDS OF FOOD EACH MONTH. FOR EVERY \$1 YOU DONATE TO THE PANTRY WE ARE ABLE TO BUY OVER \$5 WORTH OF GROCERIES FROM THE NORTH TEXAS FOOD BANK. CONSIDER A FINANCIAL GIFT AS AN ALTERNATIVE

# Items Needed

Canned Tuna (7oz)  
Canned Chicken (12.5 oz)  
Canned Salmon (14 oz)  
Canned Fruit (14.5 oz)  
Canned Veggies (14.5 oz)  
Peanut Butter (>24 oz)  
Stews, Soups (14 oz)  
Pasta (1 lb)

Diapers / Pullups  
Toothbrush / paste

Non-Refrigerated Milk  
Jelly (>20 oz)  
Juice Boxes  
Individual Fruit Cups  
Healthy Snacks  
Healthy Cereal Bars  
Healthy Snack Bars  
Rice (2 lbs)

Toilette paper  
Household cleaning aids

**We are serving over 200 people each week!**

# Thank you!